

## 1. PREPARE

We recommend using InDesign to create your ad.

You can download a **pre-set InDesign template** for this spec [here](#).

**Set your file to:**

Trim: 46.5"W x 11"H

Live Area: 44.75"W x 10.125"H

The trim size accounts for bleed.

## 2. EXPORT

- Ensure all images and artwork are **CMYK** and a minimum resolution of **150 dpi**
- Select **PDF/X1a** in the Adobe PDF pre-set dropdown
- Select **Acrobat 4.0** in the compatibility dropdown

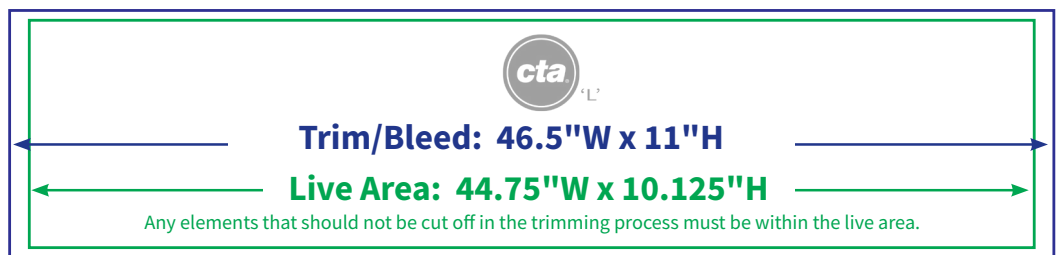
## 3. SUBMIT

- Log into [Adverator.com/orders](https://adverator.com/orders)
- Upload your ad to the relevant order

You can track the status of your ads and see a full order history [here](#).

**Need help accessing your account?**

Email your Adverator advisor or [reset your password](#).



## Questions about your ad?

Get in touch with your Adverator advisor!